

SPORTS FAIR 2017 - BRUSSELS - Fri 03/02 - Sat 04/02 - Sun 05/02 - DEMONSTRATIONS PLANNING



FRIDAY 03/02

PALAIS 8

| U/H | BASSIN | TATAMI | BOXE | FITNESS | ZONE CENTRALE (MULTISPORTS) | VELOS | FREEJUMP | BASEBALL | BELLICON n°8240 | CROSSFIT | TRIAL | SIGNING | | | |
|---|--------|--------------------|--------------------------------|---------|---------------------------------|---------|----------|----------|-----------------|------------------|-------|-----------|-------------|-------|--|
| 10:00 | | TAEKWONDO | | | | ALL DAY | ALL DAY | ALL DAY | | KIDS | | | | | |
| 10:15 | | TAEKWONDO | | | | | | | | | | | | | |
| 10:30 | | TAEKWONDO | | | SECOURISME | | | | | | | MOVE | | | |
| LISTE DEMONSTRATIONS | 10:45 | PÊCHE | TAEKWONDO | | SECOURISME | | | | | | | | | TRIAL | |
| FLYBOARD | 11:00 | PÊCHE | YOGA + RELAXATION RESPIRATOIRE | | PATINAGE (ROLLER) | | | | | | | | | TRIAL | |
| FOOT SALLE (LFFS) | 11:15 | JET SURF | YOGA + RELAXATION RESPIRATOIRE | | PATINAGE (ROLLER) | | | | | | | | | | |
| LIGUE HANDI SPORTS FR (BASKET) | 11:30 | JET SURF | TAEKWONDO | | BASKETBALL | | | | | | | | | | |
| TENNIS | 11:45 | FLYBOARD | TAEKWONDO | | BASKETBALL | | | | | | | | | | |
| PATINAGE (ROLLER) | 12:00 | FLYBOARD | TAEKWONDO | | TENNIS | | | | | | | CIRCLE | | | |
| VOILE | 12:15 | VOILE | TAEKWONDO | | TENNIS | | | | | | | | | | |
| JET SURF | 12:30 | VOILE | TAEKWONDO | | TENNIS | | | | | | | | | | |
| GYMNASTIQUE | 12:45 | VOILE | TAEKWONDO | | TENNIS | | | | | | | | | | |
| TRIAL | 13:00 | VOILE | TAEKWONDO | | LIGUE HANDI SPORTS FR (BASKET) | | | | | | | | FREE ACCESS | TRIAL | |
| BASKETBALL | 13:15 | JET SURF | TAEKWONDO | | LIGUE HANDI SPORTS FR (BASKET) | | | | | | | | | TRIAL | |
| HANDBALL | 13:30 | JET SURF | TAEKWONDO | | LIGUE HANDI SPORTS FR (BASKET) | | | | | | | BOUNCE | INITIATION | | |
| SECOURISME | 13:45 | PÊCHE | TAEKWONDO | | LIGUE HANDI SPORTS FR (BASKET) | | | | | | | | | | |
| PÊCHE | 14:00 | PÊCHE | YOGA + RELAXATION RESPIRATOIRE | | HANDBALL | | | | | | | | | | |
| TAEKWONDO | 14:15 | | YOGA + RELAXATION RESPIRATOIRE | | HANDBALL | | | | | | | | | | |
| LIFRAS - MONOPALME ET APNÉE | 14:30 | FLYBOARD | TAEKWONDO | | PATINAGE (ROLLER) | | | | | | | | FREE ACCESS | | |
| LIFRAS - YOGA + RELAXATION RESPIRATOIRE | 14:45 | FLYBOARD | TAEKWONDO | | PATINAGE (ROLLER) | | | | | | | | | | |
| | 15:00 | JET SURF | TAEKWONDO | | GYMNASTIQUE | | | | | | | SWISSJUMP | | | |
| | 15:15 | JET SURF | TAEKWONDO | | GYMNASTIQUE | | | | | | | | | | |
| | 15:30 | VOILE | TAEKWONDO | | GYMNASTIQUE | | | | | | | | INITIATION | | |
| | 15:45 | VOILE | TAEKWONDO | | GYMNASTIQUE | | | | | | | | | | |
| | 16:00 | VOILE | YOGA + RELAXATION RESPIRATOIRE | | HANDBALL | | | | | | | | | | |
| | 16:15 | VOILE | YOGA + RELAXATION RESPIRATOIRE | | HANDBALL | | | | | | | | | | |
| | 16:30 | PÊCHE | | | PATINAGE (ROLLER) | | | | | | | CIRCLE | | TRIAL | |
| | 16:45 | PÊCHE | | | PATINAGE (ROLLER) | | | | | | | | | TRIAL | |
| | 17:00 | MONOPALME ET APNÉE | | | SECOURISME | | | | | | | | | | |
| | 17:15 | MONOPALME ET APNÉE | | | SECOURISME | | | | | | | | | | |
| | 17:30 | JET SURF | | | GYMNASTIQUE | | | | | | | | | | |
| | 17:45 | JET SURF | | | GYMNASTIQUE | | | | | | | | | | |
| | 18:00 | FLYBOARD | | | HANDBALL | | | | MOVE | | | | | | |
| | 18:15 | FLYBOARD | | | HANDBALL | | | | | | | | | | |
| | 18:30 | | | | PATINAGE (ROLLER) | | | | | BIRTHDAY WOD (*) | | | | | |
| | 18:45 | | | | PATINAGE (ROLLER) | | | | | | | | | | |
| | 19:00 | | | | FOOT SALLE FEMME (LFFS) - MATCH | | | | | | | | | | |
| | 19:15 | | | | FOOT SALLE FEMME (LFFS) - MATCH | | | | | | | | | | |
| | 19:30 | | | | FOOT SALLE FEMME (LFFS) - MATCH | | | | SWISSJUMP | APERERO | | | | | |
| | 19:45 | | | | FOOT SALLE FEMME (LFFS) - MATCH | | | | | | | | | | |

(*) WOD = entrainement réservé aux athlètes Crossfit / Training voorbehouden voor Crossfit atleten